

CONFLICT COACHING FOR TEENS



CONFLICT COACHING TALK SERIES

TITLE: Conflict Coaching for Teens

DESCRIPTION:

Use Your Positive Words and Qualities that Connect. If we equip our teens with the right words to use, they will then experience less conflict; thus, experience a more positive environment in school as well as home. Conflict Coaching for Teens provides a simple four-step methodology that is easy learn and apply in any situation with others. These steps are not just intended as reactive responses, but to also develop a proactive approach to build a positive Relationship Belief System (RBS) in using three fundamental qualities of trust, respect, and being valued to further develop effective relationships with others before conflictive situations arise.

THIS TALK FOCUSES ON:

- ✓ Conflict and You
- ✓ What is most common in conflict?
- ✓ 3 common levels and reactions of conflict
- ✓ Choices and 'Getting it Right'
- ✓ Qualities that Connect: Trust, Respect, Being Valued
- ✓ Do you have trustworthiness?
- ✓ Finding respect is earned
- ✓ Being somebody - valued

TALK LENGTH: 2 Hours / **CONTACT:** coachgaryg@gmail.com

STANDARD FEE: \$127 per hour.

Fees are negotiable if additional time is requested.