



LEADER'S COACHING ASSESSMENT

ARE YOU TEACHABLE?

All the good advice or coaching in the world won't help if you don't have a teachable spirit. To truly know if you are really open to fresh ideas and new ways to doing things, is to honestly answer these 12 questions with a **YES** or **NO**:

	YES	NO
1. Are you open to a diversity of ideas from your manager, peers, and employees?		
2. Do you listen more than you speak?		
3. Are you open to changing your opinion based on new insights or information?		
4. Do you admit when you are wrong or make a mistake?		
5. Do you observe before acting on a situation?		
6. Are you willing to expose your inexperience if you are not sure about something?		
7. Are you willing to ask for direction if you need guidance?		
8. Are you open to doing things in a way you have not tried before?		
9. Do you act defensively when given constructive feedback from a peer or employee?		
10. Do you listen openly for facts when there is disagreement?		
11. Do you lead with your heart with respect, trust, and value all others?		
12. Do you lead for the greater good of the team?		

If you answered NO to one or more of these questions, you have room to grow in the area of teachability. First, look at your attitude; then learn more about your humility. Being positive and open are the first steps towards improvement.