



QUESTIONS THAT NEED ANSWERING

Please take the time to answer these questions. Use another sheet of paper if you need more space. The purpose of these questions is to expand your mind and provide me additional information about you. **Please bring this completed questionnaire to our next session.**

1. WHAT ARE THE STRONGEST BELIEFS YOU HAVE ABOUT YOURSELF RIGHT NOW? PLEASE EXPLAIN.

2. WHAT ARE THE CURRENT CHALLENGES IN YOUR LIFE RIGHT NOW? PLEASE EXPLAIN.



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3. WHAT ARE YOUR GREATEST ACCOMPLISHMENTS IN LIFE THUS FAR? PLEASE EXPLAIN.

4. WHEN IN YOUR LIFE DID YOU FEEL THE MOST COMMITTED TO SOMETHING? PLEASE EXPLAIN