

# THE CHANGE IS YOU!

YOUR PERSONALITY MAKES A DIFFERENCE AND  
CREATING YOUR SELF-START PLAN



## CONFLICT COACHING TALK SERIES

**TITLE: The Change is You! – Your Personality Makes a Difference and Creating your Self-Start Plan**

### DESCRIPTION:

When you think of any change in life, do you at any time have thoughts of making changes of your own? Some will say you can't change your personality – I believe you can. You must first understand your personality competence. You then identify with your personality choices. It is at this time, you can begin to make changes to improve yourself.

### THIS TALK FOCUSES ON:

- ✓ What is personality competence?
- ✓ Understanding personality choices
- ✓ Self-Start Plan

**TALK LENGTH:** 1-hour / **CONTACT:** [coachgary@gmail.com](mailto:coachgary@gmail.com)

**STANDARD FEE:** \$127 per hour.

Fees are negotiable if additional time is requested.